## Welcome to our October Newsletter!

October has been a month full of generosity and community spirit at Project Food! We had a successful and wonderful fundraising evening with Hugh Fearnley-Whittingstall and excitement is building for our upcoming Murder Mystery Evening in Sidmouth.

We're deeply grateful for our collaboration with inspiring organisations, including Waffle Grow, local allotment associations, generous growers and producers, all of whom are helping us grow our Food Hub and reach more people with good food and support.

We hope you enjoy our update.

With best wishes, Kerry and the Project Food Team



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### A Huge Thank You to Amanda!

We are absolutely blown away by Amanda's bravery and generosity! To celebrate her 60th birthday, she took on a paragliding flight from the top of a mountain, despite having a fear of heights, all to raise money for Project Food. Her courage and commitment have raised funds that will go directly towards helping local people access healthier, more affordable food in our community. Thank you for turning your milestone into a mission. You're a true fundraising hero!



#### Running for Change: Joe's Journey to Highlight Food Poverty



On 18th September, we were honoured to welcome Joe, an inspiring 18-year-old who is spending a year running to food organisations across the UK to raise awareness of food poverty. Over just 22 days, Joe has already visited 16 food banks and run an incredible 220 miles! His dedication and energy are helping to shine a light on the vital work of food charities and the growing need for support in communities nationwide. We wish Joe the very best of luck with the rest of his challenge and are proud to be part of his journey. You can follow his progress and support his mission on Instagram: @foodbankrunning

#### A Huge Thank You to Our Incredible Local Growers and Producers

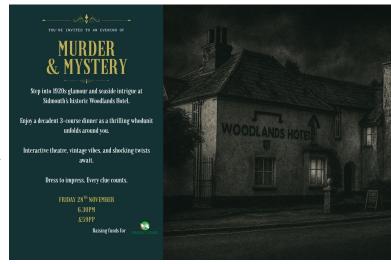
Over the past few months, our Food Hub has been bursting with beautiful, fresh produce, and it's all thanks to the amazing generosity of our local growers and producers. We're so grateful to many individual growers and food producers who have shared their harvests with us. Your contributions have made a real difference, helping us provide nutritious, seasonal food to those who need it most. Beyond the produce itself, your support is helping to grow a stronger, more connected community where good food is valued and shared. Thank you for being part of this journey, we couldn't do it without you!



CIO No: 1173120

# An evening of Murder and Mystery - You are Invited

Step into a world of secrets and suspense as Woodlands Hotel invites you to an unforgettable evening of murder and mystery, set in one of Sidmouth's most historic buildings, with over 700 years of intrigue woven into its walls. From its origins in the 13th century to its time under the ownership of Sir Walter Raleigh, Woodlands has been home to judges, naval heroes, and even a secret network of underground tunnels. Now, this elegant



seaside retreat becomes the stage for a thrilling 1920s-themed whodunit.

As the sun sets over the Jurassic Coast, guests will be immersed in a world of vintage glamour and shadowy motives. Enjoy a decadent 3-course dinner, carefully curated by the hotel's chefs to delight your senses as the drama unfolds around you.

Experience immersive, interactive theatre with intriguing characters, hidden motives, and shocking twists. Whether you're a seasoned sleuth or a curious guest, every clue counts in this night of suspense and sophistication.

Dress to impress in your finest 1920s attire and prepare for an evening where history meets mystery, and no one is quite who they seem.

Tickets are £59pp and will include a 3-course meal and welcome drink. A bar is available throughout the evening.

Visit our website for the full menu and to book your tickets

https://www.project-food.org.uk/news/murder-mystery/

#### An Evening with Hugh Fearnley-Whittingstall: Tackling Food Insecurity Together

On the evening of September 25th, guests gathered at Netherton Hall for an inspiring event hosted by Project Food, featuring the brilliant Hugh Fearnley-Whittingstall. The night was filled with thoughtful conversation and a shared commitment to making healthy, affordable food accessible for all. Hugh joined Project Food CEO Tiggy Parry for a powerful discussion on the urgent issue of food insecurity, a challenge affecting millions across the UK. Their conversation highlighted the importance of community-led solutions and the need for systemic change.



According to The Food Foundation's latest Food Insecurity Tracker, 14% of UK households, that's

7.3 million adults, experienced food insecurity in January 2025. Shockingly, 5% of households reported not eating for an entire day due to lack of access or affordability. Families with children, single-parent households and those on Universal Credit or living with disabilities are disproportionately affected.

Every ticket sold for the event helped raise vital funds to support families across East Devon, ensuring more people can access nutritious food.

Visit our website to watch the conversation

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